



# KICKSTARTING HOLIDAY DECORATING

Ft. ELIZABETH PERKINS  
INTERIOR DESIGNER AND ENTREPRENEUR

# WELCOME

TO ALL THE WOMEN & GAME CHANGERS

The Modern Day Wife is a community of women who inspire one another to educate & train to become the Executive of their life, career & household in order to strengthen the family unit. They are dedicated & passionate about positively transforming their lives, workplace, community, relationships & home in order to do & have it all.

In this workbook, interior designer Elizabeth Perkins shares with us her how to decorate for the holidays. This workbook includes pages to help you track your progress and enjoy holiday decorating. Let's start decking the halls (and front porch)!



An interior is the natural projection of the soul.

*Coco Chanel*



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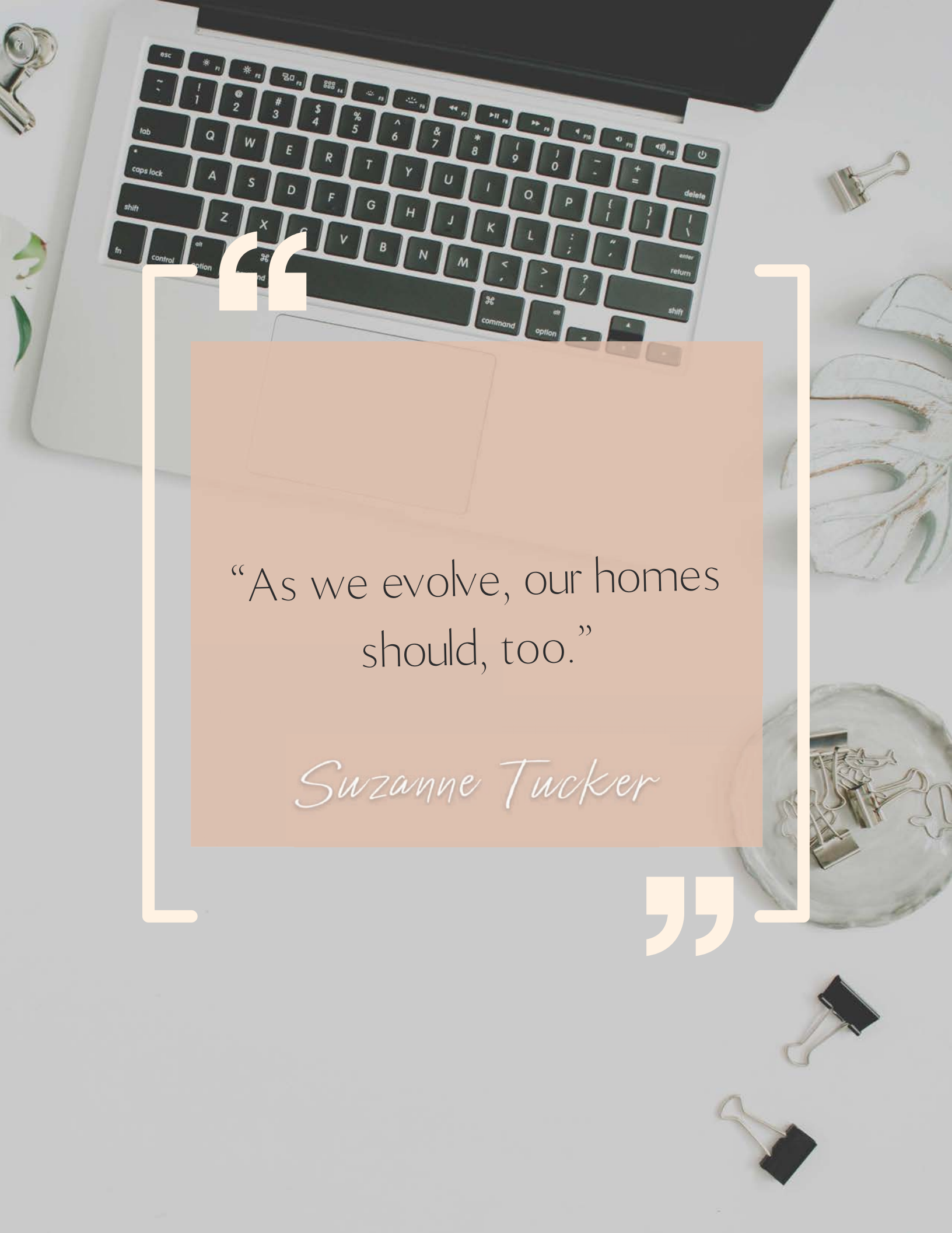
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“Decorating golden rule: Live with  
what you love.”

*Unknown*



“As we evolve, our homes  
should, too.”

*Suzanne Tucker*





# ELIZABETH PERKINS

INTERIOR DESIGNER AND ENTREPRENEUR

Elizabeth Perkins embodies everything we at The Modern Day Wife admire. She's a wife and a mother to two boys, and resides in St. Petersburg, Florida. She draws inspiration for her business from her front porch and her hobby of decorating. Since 2019, Elizabeth has designed elegant and playful interiors for houses, porches and businesses.

[CLICK HERE](#) FOR ELIZABETH'S IGTV

# STEP NO. 1:

## DEFINING YOUR STYLE

Elizabeth likes to bring a minimalist aesthetic to her style. She recommends that when beginning to prep for your holiday decorating, that you start by choosing a specific style to use for the best final presentation. Defining your style allows you to showcase your personality, and gives people an impression of you before they enter your house. For example, you can choose themes like "barn" "indoor items placed outdoors" "modern" and so on.

*Brainstorm:*

What are three words that describe your style?

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

# STEP NO. 2: CHOOSE A COLOR SCHEME

Now that your style is defined, you can choose a color scheme. Elizabeth recommends 2 or 3. Black, white and wood-toned colors can be added as a unique touch and to add a little something extra.

*Brainstorm:*

What are the colors I'd select for autumn and the fall holidays?

What are the colors I'd select for winter and the winter holidays?

# STEPS NO. 3 and NO. 4:

## RESEARCH & APPLICATION

Doing these steps is super easy and fun. You just type in your color scheme with your defined and desired style, and pick out photos that you find to fit your aesthetic. During this research, Elizabeth encourages finding out not only what you like, but what you also dislike to have an even more specific decorating style for your holidays.

We recommend making a Pinterest mood board to really map this out and hone in on what works!



# STEP NO. 5: ENJOY DECORATING

We know, this is easier said than done! However, it's difficult to not enjoy these months: it's the one time of the year we can express ourselves through our holiday decorating. Adding your favorite holiday traditions, or creating your own new ones, is a charming way to add key elements into your decorating.

*Brainstorm:*

What kind of decorations make me happy during the holidays?

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"Lean toward joy, and you will be led."

*Gabrielle Bernstein*

# DECORATING DIARY

"Simplicity is the ultimate sophistication"

*Leonardo da Vinci*

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"I appreciate history, but  
you have to bring your  
own experience into your  
rooms."

*Istoan Francer*



# THANK YOU

Thank you for supporting the Modern Day Wife by purchasing this workbook. We hope that you found the tips from Elizabeth to be both helpful and inspiring. Our hope is that these small tips will inspire you to have fun decorating for the holidays, and really, year round! Remember that putting some creative time into your life, cleaning up and then decorating, (and if you want, to the hilt) can really add some fun and art to your life. We can't wait to hear how you bring creativity to your life and home!